

CABRERA WINS MASTERS IN A PLAYOFF, PG9

Celebrity Buzz

**Jolie worried
Brad will
like his new
co-star**

pg 14



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EDMONTON •

APRIL 13, 2009

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Entertainment

**Corner Gas
closes
up
shop**

pg 11



Two hurt as small plane crash-lands

CESSNA Emergency crews rushed to a small airstrip east of Edmonton yesterday, after a small plane crash-landed in a field.

Shortly before 1 p.m., the plane smashed into a farmer's field southwest of the South Cooking Lake Airport, about 20 kilometres east of Sherwood Park.

Details about how the small, 172A Cessna crashed were sketchy yesterday afternoon, but emergency officials said the pilot had been flying in the area for a few days before the accident.

The pilot and a female passenger were treated for non-life threatening injuries at the scene.

The Canadian Transportation Safety Board has launched an investigation into the accident.

METRO EDMONTON

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Montana
delivers**

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**Cleaning up
after man's
best friend**

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**U.S. captain
rescued**

Going Green pg 7

**Pesticide-free
lawn care**

Curling

Martin falls in finals



Team Canada, led by skip Kevin Martin, shown, from Edmonton lost 8-6 to Scotland in the gold-medal game at the World Men's Curling Championship in Moncton, N.B., last night. Scotland, led by skip David Murdoch, stole two points in the final end to beat Canada for the third time in the tournament.

Army running on AAs

Millions spent on batteries

The military has air power and firepower in Afghanistan, but providing Canadian soldiers with sufficient battery power is a multimillion-dollar concern for the country's war planners, according to an extensive defence department study.

While a rifle may be the soldier's most trusted ally, the modern force can be effectively neutralized without a steady supply of AAs. The simple alkaline battery now powers soldiers' night-vision goggles, flashlights, radios and global-positioning systems, as well as night, thermal and laser-guided sunsights.

"It used to be that the army marched on its stomach. I think it's changed now," said Scott Taylor, publisher of the military magazine *Esprit de Corps*, who served in the Canadian army in the 1980s. "They've got a lot more things that they've got to think about besides just feeding these guys. It's becoming high-tech soldiering."

The average infantry soldier on a three-day mission

Ion option

• In Canada's far north normal alkaline batteries are almost useless, forcing troops to use more expensive lithium ion batteries.

in Kandahar carries up to 40 spare AA batteries. That rises to more than 900 batteries for a platoon, 3,200 for a company and 6,500 for a full battle group of about 1,000 soldiers. The cost of equipping all the 2,800 Canadian soldiers in Afghanistan with enough juice to power their equipment for a standard six-month deployment — approximately 750,000 batteries weighing about 14 tonnes — can run up to \$1 million.

"The added weight of spare batteries being carried by soldiers, the cost of the batteries, and the strain it is placing on the logistics system are all causing concerns for the Canadian Forces," says the 156-page report by Defence Research and Development Canada.

TORSTAR NEWS SERVICE

Shelters do their best to make Easter special

MARISSA MIDDLETON
for Metro Edmonton



**"We are filled to
the brims."**

Sister Lucinda,
Lurana Shelter

BEDS Some of Edmonton's shelter staffers worked overtime this weekend to ensure that Easter was enjoyable for everyone.

"We are filled to the brims," Sister Lucinda, executive director for Lurana Shelter, told Metro yester-

day. She believed that the shelter was around 75 per cent full over the Easter weekend last year, but this year all 32 beds are occu-

piated.

Sister Lucinda said she believed the increase in women at the shelter is related to the state of the economy. She also said the shelter usually sees a decrease in attendance during the Christmas and Easter holidays because people try to reconcile with their families.

Over the Easter week-

end, the Hope Mission provided a banquet on Good Friday that served more than 700 people. Around 50 volunteers had to offer two dinner sittings for lines that went around two corners of the building.

"Typically, our shelters are running between 550 and 650 people per night," said Peter Gerber, community relations for Hope

Mission. "Since the economy kinda turned a little bit, we've been seeing that number increasing."

Gerber said that the shelter has monthly attendance trends and that holidays don't make a significant difference.

ShareYourViews

edmontonletters@metronews.ca

The Prince of Wales Armouries are set to reopen on April 25 after renovations. The facilities hold artifacts from the City of Edmonton Archives, the Loyal Edmonton Regiment Military Museum and the Telephone Historical Centre. The free opening will include live musical entertainment, free cake and costumed interpreters. **METRO EDMONTON**

Local



In Rod we trust

Don't miss your chance to see Rod Stewart as he performs Aug. 10 at Rexall Place. Tickets are now available through Ticketmaster.

METRO EDMONTON

surviving suburbia

10:30 Tonight



Citytv

ROGERS

Body art fans ink outside the box

City tattoo festival draws varied crowd, from punks to professionals

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

A growing subculture of under-wraps rebels are camouflaging their second-skin personas with suit jackets and suburbia, evolving the status quo and inking tolerance in a society growing colourblind.

"You'd be hard-pressed to find a person walking down the street these days that doesn't have a tattoo," said Lynk Killby, a tattoo artist who's seen the art of acceptance evolve in his 20-plus years on the job.

The Edmonton Tattoo and Arts Ink Festival took residence at the AgriCom over the weekend, drawing a diverse crowd of hipsters, professionals, family members of all generations, and stereotypical body art aficionados.

Decked out in casual Sunday wear, untrained eyes are fooled by Barb Potdeba's put-together appearance.

The 42-year-old ventured out to the tradeshow for her eighth piece, practically one step away from grip-



Heidi Houle gets a tattoo done by Darcey Cooke of Little Buddha Tattoos at the Edmonton Tattoo and Arts Ink Festival yesterday.

ping the wheel of a soccer-mom minivan with tattooed knuckles.

"People don't look at me differently — I'm viewed for my personality," the mother of three said. "I like the way (reality TV star and tattoo artist) Kat

Von D thinks — your body is your canvas, so do with it what you will."

The working professional covers up her tats by day, but said customers at her jewelry store are often intrigued, rather than horrified, when a hint of body

art peeks out from her clothing.

Potdeba is the poster-child for the new demographic of human canvases, said Killby, whose clientele is made up by about 70 per cent working women and others shattering

stereotypes.

"Things are changing so much, and will continue to change," echoed Seraph Tattoo artist Scott Wile.

"I have a chaplain that comes in about once a month for pieces very oriented to what he does."

Sherwood Park snowmobiler killed in B.C. avalanche

ACCIDENT The death toll of local snowmobilers continues to rise with the death of a 24-year-old Sherwood Park man who was killed near Valemount, B.C., Friday.

The victim, whose name has not been released, was riding in the Monashee Mountains around 3 p.m. when he was caught in a deadly snowslide. Though friends rushed to his aid, snow engulfed the victim, burying him deep in the side of the mountain.

The accident brings the number of dead Edmonton-area snowmobilers to five this season.

This year has been the deadliest ever recorded, as more than 25 people have fallen victim to avalanches in the Rockies this year.

Harvest a little knowledge at agriculture expo

FOOD This Saturday, Edmonton families can spend the day discovering something amazing.

Northlands AgriCom will be hosting AMAZE-ing Agriculture, a show that aims to educate people about their food.

The free family event will take place in Hall A and visitors can tour through an interactive maze, meet live animals, and experience the worlds of poultry, dairy, beef, grains, pork and horses.

There will be demonstrations such as cow milking, auctioneering and hoof trimming.

The show will feature a 25-foot inflatable model of the Earth to help explain the environmental impact of where food comes from.

METRO EDMONTON

metronews.ca

What's online today.

Blogs It's Called Football speaks to Whitecaps keeper Jay Nolly and USL-1 writer Simon Fudge at metronews.ca



Lotteries

Friday, April 10
Lotto Super 7: 11, 14, 20, 22, 30, 42 & 43. Bonus 38.
Saturday, April 11
Lotto 6/49: 5, 6, 7, 11, 17 & 34. Bonus 48.
These results are not official.

Restaurateur cooks up local food delivery service

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

An army of locavores are multiplying, pooling resources and banding together to rewrite an old adage: You aren't what you eat, but who you eat.

Leading a group of homegrown dieters, Jessie Radies is attempting to write a recipe for a local food delivery service,

stocked with essentials produced here in the motherland.

"It tastes better, products are more diverse and interesting, and the economic benefits for rural producers make a lot of sense," she said. "People are concerned about food security. We live in an agricultural province, export a lot of food and don't actually consume a lot of food grown here."

More online

• For more information, visit www.eatlocalfirst.com or the Edmonton Local Food Delivery Co-op Facebook page.

Though planning is in its infancy, the Blue Pear restaurateur says the level of interest has been overwhelming since the idea

was launched online.

The service, she said, would be ideal for people who can't make it to fresh markets each week.

"Outside of farmers' markets, local food in Alberta is pretty much farm-direct," she said.

The group is seeking feedback on the idea and those interested in taking part, either as consumers or suppliers of locally raised meats and produce.

Passport applications going offline

Following concerns over security problems with online passport applications, Passport Canada will discontinue the service at the end of the month. Canada's privacy commissioner criticized the service in a report last year. **METRO NEWS SERVICES**

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Canada



No budget adjustments: Flaherty

Finance Minister Jim Flaherty said he has no immediate plans to tinker with his budget, unveiled in late January, even though the economy has shed tens of thousands more jobs than the fiscal plan had envisioned, a newspaper reported Saturday. Flaherty's budget, unveiled on Jan. 27, aimed to create or maintain about 190,000 jobs within the current fiscal year, which began April 1.

REUTERS

Dad vies for online visits in Canada

FATHERS' RIGHTS Michael Gough has reached across cyberspace to read his daughter Saige bedtime stories and teach her the ABCs. He has even watched her open Christmas presents from 1,000 miles away.

In the real world of divorce, Gough is a pioneer of what's called "virtual visitation" — electronic communication that is the next-best thing to actually being there for non-custodial parents.

"It's meant to supplement, not replace, face-to-face visits," says Gough, who turned to technology when his ex-wife decided to move from Utah to Wisconsin with their then four-year-old daughter in the wake of the couple's 2002 divorce.

Shortly after the move, Gough showed up in court armed for battle, schlepping two laptops with high-speed Internet connections. It took \$10,000 in lawyers' fees and a relatively brief demonstration to convince a family court judge that the long-distance dad should be entitled to cyberspace contact with his daughter, in addition to his face-to-face visits.

Virtual visitation is still an unknown concept in Canada, although Gough hopes to work with fathers' rights groups to get similar access legislation.

TORSTAR NEWS SERVICE

Cries for help on the rise

Calls to women's shelter increase during economic downturn

Worrying about paying the bills and feeding the kids is always stressful. But in this tough economy, it's resulting in a dramatic increase in calls to the Calgary Women's Emergency Shelter.

The shelter has reported 1,366 calls in February alone — a 300 per cent increase from the year before.

Fred, a former abuser who has gone through counselling, says he knows all too well how easily financial stress can trigger emotions.

In Edmonton

• Nancy McCaig, an executive director with the Support Network, predicts calls will jump from the usual 13,000 it gets annually as more people are laid off.

"I know the number of calls is up right now, and the only thing I can say is try to be positive and work together. It's a difficult time but you just have to try and ride it out," he said.

Fred said the stress of losing a job and not being able to pay bills can take a toll on families.

"But there is no excuse for abuse."

While Fred has gone through counselling over the years and reconciled with his wife of 17 years, other women in the city aren't as fortunate, according to shelter executive director Lisa Falkowsky.

"The number of people seeking support from professional counsellors on our telephone helpline and needing the security

of our shelter continues to escalate to numbers and severity we've never seen before," she said.

Falkowsky links the increase to the dwindling economy, but can't pinpoint why Calgary may be higher than the rest of the country, except that Calgary is usually higher to begin with.

"Calgary seems to be hit harder than other cities and people may be taking it harder," she added of the increases.

KRISTA SYLVESTER/
METRO CANADA

Disabled homeless man ID'd as victim

VANCOUVER A homeless, one-legged man in a wheelchair who was well-known in an east Vancouver neighbourhood was identified by police yesterday Sunday as the city's 13th homicide victim of the year.

Michael Ciro Nestoruk, 41, was found dead Thursday by parents dropping off their children at Sir Guy Carleton Elementary in the Collingwood neighbourhood. His body was on school property.

NDP health critic Adrian Dix said the area has been dealing with the issue of violence in its community for the past few years.

TORSTAR NEWS SERVICE

Calgary Easter fun



Zha-Zha from Just Kidding paints three-year-old Celia Yu's face at Fort Calgary's annual Spring Fever event yesterday. Kids and families gathered at the event full of arts, crafts and games.

Canadian threatened with death in Darfur

HOSTAGES Kidnappers holding two aid workers in Sudan's Darfur region said yesterday they will kill them unless Paris retrieved members of a French group convicted but later pardoned over the abduction of children from Chad.

An unnamed member of a group holding the two female aid workers captive and calling itself the Freedom Eagles of Africa also threatened to target French interests in Sudan, Chad and the Central African Republic if their demands were unmet.

Stephanie Joidon, a Canadian, and Claire Dubois, a French national, were working for Aid Medicale International when they were seized at gunpoint from their compound in the

Zoe's Ark

• Six members of humanitarian group Zoe's Ark were jailed in 2007 for trying to fly children, aged between one and 10, out of Chad to Europe. Chad said they had no authorization to take the children out of the country.

south Darfur settlement of Ed el Fursan on April 4.

"We demand France open the case of the Zoe's Ark criminals and judge them through a fair court," one of the abductors told Reuters by telephone.

"If the French government is not serious in negotiations with us and does not respond to our request, we will kill the two aid workers," he said.

REUTERS

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Travel - Tues, April 21, 6 pm, Room 5-253A, CC Campus, Call: 780.497.5254

Separatist militants in Pakistan's Baluchistan province have claimed responsibility for killing six coal-mine workers as violence intensified in the resource-rich area. Bullet-ridden bodies of six coal-mine workers were found in mountains near Marwar, 35 kilometres east of the provincial capital Quetta. **REUTERS**

World



Pope's calls for peace

Pope Benedict called in his Easter message yesterday for a renewed push for Israeli-Palestinian peace just weeks before he travels to the Holy Land for the first time as pontiff. The Pope also sent greetings to survivors of Italy's devastating earthquake and urged all those fearful for their futures, for whatever reason, not to lose hope. **REUTERS**

U.S. captain held by pirates safely rescued

The U.S. navy shot dead three Somali pirates and rescued cargo-ship captain Richard Phillips yesterday from a lifeboat off the coast of Somalia where he was being held captive, ending a five-day standoff.

Phillips' life was in danger when navy snipers aboard a nearby U.S. destroyer shot his Somali captors, freeing him and killing three of the four pirates who held him after trying to seize his vessel, the navy said. The fourth

Stricter laws to combat piracy?

• New international agreements would allow other countries to more effectively protect shipments in Somali waters and try pirates, and

give shipping companies an alternative to paying ransoms, U.S. Coast Guard Commandant Admiral Thad Allen said in an interview yesterday.

pirate was in custody.

A U.S. navy commander made a split-second decision to fire on the pirates because he believed that Phillips, who tried to escape Friday, faced danger amid tense hostage talks

with his captors and deteriorating sea conditions.

In remarks yesterday, U.S. President Barack Obama welcomed the rescue, praised the U.S. military and vowed to curb rampant piracy. **REUTERS**

Italy A bitter Easter



A family opens chocolate Easter eggs in a tent camp where earthquake victims are sheltering in L'Aquila, Italy, yesterday. The country's worst earthquake in three decades killed at least 293 people and made nearly 40,000 homeless. Rescue efforts ended when exhausted firemen said all missing people had been accounted for on Saturday evening.

News in brief

NORTH KOREA Six world powers have agreed to a draft UN Security Council statement condemning North Korea's rocket launch, but analysts in Asia said its call for tougher

sanctions may be symbolic at best. China's decision to sign onto the statement indicates North Korea, its ally, will likely shrug off the measure.

TBILISI Up to 5,000 Georgians

rallied on Saturday against President Mikheil Saakashvili, a sharp drop in numbers for the third day of a street campaign to demand his resignation.

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Thai army cracks down on anti-government protests

BANGKOK The Thai army cracked down on anti-government protesters late yesterday, firing warning shots at a major junction in the capital at demonstrators who responded by hurling petrol bombs, witnesses said.

The clashes came two days after protesters forced the cancellation of an Asian summit and have undermined confidence in the government and dealt another blow to an economy reeling from political chaos last year and the global economic crisis.

Bangkok Medical Centre

director Peeraphong Saicheu told Reuters there had been at least 77 injuries, including 19 admitted to hospitals. Four had gunshot wounds — two civilians and two soldiers. A number of protesters had been arrested.

Prime Minister Abhisit Vejjajiva declared a state of emergency in Bangkok on Sunday after red-shirted supporters of exiled former prime minister Thaksin Shinawatra forced the cancellation of the Asian summit in the southern beach resort of Pattaya.

REUTERS

Real IRA threatens to carry out campaign of attacks in Britain

NORTHERN IRELAND A dissident nationalist group in Northern Ireland will carry out attacks in mainland Britain as part of its campaign for a united Ireland, a representative said yesterday.

The Real IRA, a splinter paramilitary group of the Irish Republican Army, also claimed responsibility for the 2006 murder of Denis Donaldson, a former Sinn Féin chief administrator, and made threats against

Sinn Féin deputy first minister Martin McGuinness. Sinn Féin is the IRA's political wing.

In an interview with Ireland's Sunday Tribune, the representative said it planned to attack Britain "when it becomes opportune."

The Real IRA, which claimed responsibility for killing two British soldiers on March 7, said it would continue to target soldiers in the British province. **REUTERS**

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Latin America

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¢/min

Haiti.....16.9 ¢ Bolivia.....6.9 ¢
Honduras.....15.9 ¢ Chile.....2.9 ¢
Panama.....3.9 ¢ Colombia.....3.9 ¢
Uruguay.....7.9 ¢ Dominican Rep.....6.9 ¢
Venezuela.....2.9 ¢ Mexico.....2.9 ¢

Middle East

LEBANON 9.9
¢/min

Bahrain.....5.9 ¢ Kuwait.....6.9 ¢
Egypt.....14.9 ¢ Oman.....17.9 ¢
Iran.....3.9 ¢ Saudi Arabia.....3.9 ¢
Iraq.....4.9 ¢ Syria.....18.9 ¢
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Comment & Views

Comment

Squirrels vs. Anne Hines

HineSight

Anne Hines

metronews.ca/hinesight

heard it here first."

I let Mike know this in case he wanted to run a promo in Friday's paper saying something like, "This Monday: Bloom Raiders — Hines vs. Squirrels in the Battle of the Bulbs."

Which pretty much describes the scene of floral carnage in my backyard each April.

Sometime later the same day I sent in the column.

It was about buying a used car.

How could this happen? It's not because the completely evil behaviour of squirrels hopped up on exotic Dutch tulip bulbs isn't of concern. I once wrote an entire article about how I'd like to blow up every squirrel in the world.

I got a lot of reader mail about that one. Mostly from gardeners wanting to

know if blowing up squirrels is legal.

So, a piece titled, "Squirrels: What are they good for?" seemed like a fine idea. I even contacted a squirrel expert to pose this question. Our

cities that don't have squirrels find it interesting to see wild animals in the city.

Me: Do they also come from places that don't have teenagers?

Then it hit me. My city could become the international centre for Squirrel Tourism.

Way better than Ecotourism. They frown on you stashing a koala in your bag, whereas our clients would be encouraged to take home as many furry souvenirs as they can carry.

So, you see, I had every intention of writing about squirrels. But what happened is ... I didn't. The fact is the creative writing process is an unmanageable, untamable thing.

Much like creative writers.

Or, I guess, squirrels.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



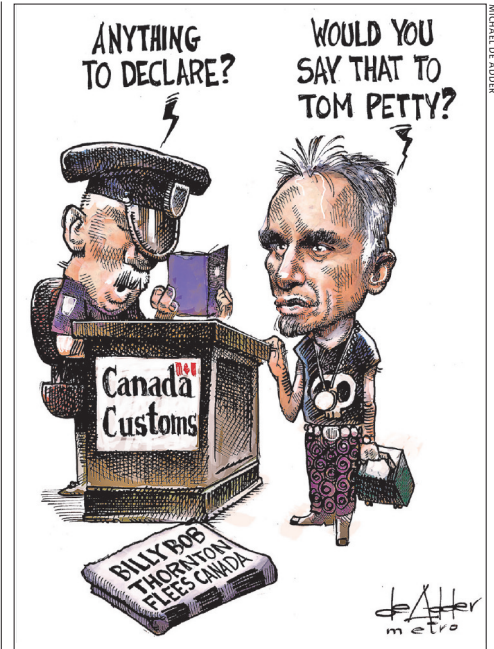
conversation went like this. Seriously.

Me: So, squirrels. More useless than beer glasses and nipple rings, right?

SE: Well ... tourists like them.

Me: Excuse me?

SE: People visiting from



Worth Mentioning

U.S. environmental factors pushing gas prices higher

The average U.S. retail gasoline price rose about 10 cents a gallon over the past three weeks due to environmental costs linked to warmer weather, though the price was 40 per cent lower than a year earlier, according to the Lundberg survey released yesterday.

The average national price for self-serve regular unleaded gasoline was \$2.048 US a gallon on April 10, up 9.58 cents from March 20, according to the survey of gas stations.

The price was a whopping \$1.27 below a year ago levels, when crude oil prices soared.

"The major cause of the rise of nearly a dime in three weeks is seasonal gasoline demand, not only because our consumption rises month by month, but because of the cost of environmental compliance,"

survey editor Trilby Lundberg said in an interview.

As the weather warms, refiners are required to limit vapour pressure in order to avoid smog production. This will add to the cost across North America, she said.

The lower gas prices could spur demand, which is likely to result in a rise in prices, but nowhere near the record \$4.112 per gallon set on July 11, 2008.

REUTERS



Views

Is anyone ready to drive this LRT train?

InTransit

Brian Gould

metronews.ca/gould

When the city released its preliminary alignments for LRT to Mill Woods, I imagined happily riding the train north.

But just before the river valley, with one last road to cross, the warning bells started.

Did the city ever figure out where the train was headed after downtown?

Does the driver know to stop before we slam into the dead end?

Is anyone even driving this train?

Far-fetched, of course, but

the city's tendency to plan future LRT legs in isolation has been worrying the Transit Riders' Union of Edmonton for some time now.

When planning for LRT to NAIT started, it kind of made sense to just tie it in wherever it fit downtown. But now there's expansion to six legs being considered, all radiating from downtown.

In order of current city priority, the major destinations are Clareview, Century Park, St. Albert, West Edmonton Mall, Mill Woods, and Sherwood Park.

Together, the Clareview and Century Park legs will form one line — it would be silly for them not to — but the stub to NAIT and eventually St. Albert still has no mate.

If the order holds, it ends up paired with West Ed-

monton Mall — odd, but not compared to the absurdity of Mill Woods-Downtown-Sherwood Park.

Or try this one: the St. Albert leg will split from Clareview at Churchill.

Half the Mill Woods options do as well, and to save money, West Edmonton splits from St. Albert and Sherwood Park from Mill Woods.

This one is utter nonsense.

If all legs had the same frequency, we'd see five trains enter downtown from the northeast for every one that left for Century Park.

Not only does that guarantee that Churchill would be an absolute mess with people transferring, it would be nearly impossible to turn the trains around fast enough.

Which leads me to another issue: there's a very real limit to the frequency of trains through downtown.

Without automatic train control, it's somewhere around every two minutes.

If all six legs (three lines) were to try it, we'd be stuck with a crowded train no more often than every six minutes from Clareview to Century Park forever.

I'm not saying that any of these scenarios are being officially considered by the city.

But that's almost the bigger problem — not thinking about it doesn't make it go away.

Is anyone ready to drive this train?

Brian Gould is a transportation planner and has served in a variety of roles with the Transit Riders' Union of Edmonton. He's committed to being car-less and is a vocal critic of auto-centric planning; edmontonletters@metronews.ca.

Metro Online Poll Results

47% SAID More

Since the beginning of the year, have you become more or less optimistic about the economy?

53% SAID Less

Weigh in on today's question at metronews.ca

It's your turn to tell others what you think. Email your thoughts and opinions to: edmontonletters@metronews.ca

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Consider replacing your old lawn mower

Replace your gas-powered lawn mower with an old-fashioned push-and-pull model. That will cut back your home's carbon load by almost 100 kilograms per year, according to WWF-Canada. **TORSTAR NEWS SERVICE**

7

Going Green

Shoppers offers green line

Shoppers Drug Mart gives Canadians an effective new way to clean at home and be good to the planet with the Earth-friendly Clean Planet product line. Formulated and produced in Canada by Qwato Corp., Clean Planet features a comprehensive range of home cleaning products that are biodegradable, phosphate-free and recyclable.

METRO NEWS SERVICES

EDITOR: MIKE.DEREZYCKY@METRONews.CA

The new breed of lawn care

Save time, money and reduce your carbon footprint without pesticides

CRAIG MACPHERSON
for Metro Canada



On Earth Day, April 22, the Ontario government will implement a ban on pesticides for cosmetic use. It's also a hot topic in municipalities across the country.

No more Killex, Par III, Merit for grubs ... the list goes on.

This has left many in the lawn-care industry scrambling to find effective alternatives, or reposition their brand, not to mention the confusion of the homeowner running to stock up on pesticides, but it doesn't have to be that way.

The best way to keep your lawn weed-free and resistant to disease and insect infestation is a sound maintenance program that begins with soil testing.

By testing your soil and having it evaluated by an accredited lab you can find out what deficiencies your soil may have and treat them organically with a program designed specifically for your lawn.

Sounds expensive, but it's not. This procedure can be completed for around \$40.

Next, whether you're a do-it-yourselfer, or have a lawn company taking care of your lawn, proper fertilization, aeration (preferably twice a year), water-



A sound maintenance system is the key to maintaining a healthy lawn without the use of pesticides.

ing, cutting and over-seeding are key.

Annual fall over-seeding especially is your golden ticket to success, but be careful. Don't skimp and buy cheap seed. The less expensive the seed, the more weed seeds you'll be putting back into your lawn. Likewise, topsoil is just as bad. Remember, we are trying to prevent the germination of weeds, not add to the problem.

One suggestion is a low-maintenance seed blend like Eco-Lawn, which doesn't require topsoil, has a deep root system (22.86 centimetres in clay-based soils requiring little or no water), performs well in shade as well as full sun, and grows slowly. It is also high in endophyte to help guard against foliar-feeding insects like chinch bugs.

Grass seeds like Eco-

Lawn are the most inexpensive and environmentally friendly way to keep your lawn thick and weed-free.

Over time, you won't need to care as much for your lawn, you will conserve water and cut down on lawn mower emissions, without fertilizer, or weed control.

For too long the lawn-care industry has been feeding the top growth in-

stead of your soil, creating a shallow root system for your grass. Why? Because it's faster and more cost-effective to do it that way.

Now it's your turn to save time and money and reduce your carbon footprint at the same time.

Embrace the new breed of lawn care.

Craig MacPherson is the owner of Durham Lawn Jockey, an Ontario-based lawn care company.

Making a difference every day

On April 22, more than six million Canadians will participate in activities to help protect and preserve the environment in celebration of Earth Day. But let's not forget to take care of the environment the rest of the year.

Here are five easy ways you can make a difference to the environment throughout the year from TD Friends of the Environment Foundation:

Walk or bike to work, or to run errands during the week;

Use energy-efficient appliances;

Open the windows and give the air conditioner a rest during the summer;

Turn off the lights when leaving a room;

Grow your own food, and encourage kids to get involved by helping to plant the seeds and watch the fruits and vegetables grow.

NEWS CANADA

EarthTones

Sophia Dore & Andrew Laursen



metronews.ca/earthtones

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I'M THINKING



U.S. aluminum company Alcoa Inc. is laying off about 275 workers at its Quebec smelter in Becancour after the union refused to cut workers' hours to help trim costs. **CBC NEWS ONLINE**

Business



Wal-Mart workers get contract

It took nearly four years, but unionized workers at a Quebec Wal-Mart store now have their first collective agreement, a first in North America. A Quebec arbitrator sealed the two-year deal for employees at the St-Hyacinthe Wal-Mart east of Montreal earlier this week. The new agreement includes a \$0.30-per-hour wage increase on a yearly basis for current employees. **CBC NEWS ONLINE**

EDITOR: FERMIN.DESOUZA@METRONWS.CA

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Canada lagging on wireless

70% penetration rate ranks near bottom of recent survey

Canada may be the home of the popular BlackBerry smartphone, but the country remains rather poky when it comes to the number of people that actually use wireless devices.

Despite being an otherwise tech-savvy nation, Canada's rate of wireless penetration continues to hover at a meagre 70 per cent, a survey released last Thursday by research firm TNS has found.

That puts Canada near the bottom of 31 other

Market fears

• Telus Corp.'s stock fell 11 per cent to close at \$31.58 on the Toronto Stock Exchange last week, while shares of

Rogers Communications Inc. and BCE Inc. also slumped amid concerns about a slowdown in the wireless sector.

countries in the online survey, on par with Vietnam and Mexico and just ahead of last-ranked India.

The survey also found Canadians are only willing to spend about \$140 on their next device. By contrast, users in other coun-

tries are willing to shell out as much as \$490, a discrepancy that's partly due to the history of Canadian carriers subsidizing handset prices in exchange for locking subscribers into lengthy wireless contracts.

The findings were re-

leased on the same day that Telus Corp. said a weak economy would hurt first-quarter wireless results after dragging down subscriber additions and the average price of customers' monthly bills.

But while cash-strapped Canadians are cutting back on their wireless spending, critics argue limited competition and high wireless prices have also played a role in keeping cellphone customers on the sidelines.

TORSTAR NEWS SERVICE

61,000 jobs lost in March

EMPLOYMENT Canadian employers cut 61,000 net jobs in March, pushing the unemployment rate up to eight per cent.

Among the provinces, British Columbia posted the steepest drop in employment, with a net loss of 23,000 positions, followed by Alberta, which shed 15,000 jobs.

Overall employment has fallen each month since peaking in October, bring-

ing the net number of lost jobs to 357,000.

Manufacturing employment, which has been hit hard by layoffs in the auto industry, fell by 34,000 positions. That brought total losses in the sector to 134,000 since October.

Construction also continued to feel the pinch, shedding 18,000 positions, while natural resources lost 11,000 jobs.

TORSTAR NEWS SERVICE

China Scrambling for work



Graduates crowd in front of an information board outside a job fair held in Lanzhou, Gansu province yesterday. The global economic crisis has made it all the more important to take a fresh look at China's human resources. The country's immediate challenge is to tackle unemployment, while in the long run it has to develop human resources to support a shift in its growth strategy, the Xinhua News Agency reported.

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U.S. bill seeks transparency in concert ticket resales

MUSIC The concert industry is awaiting further details about legislation that would impose a 48-hour waiting period after a concert on-sale before a ticket reseller can buy those tickets to put on the secondary market.

The aim of the bill, initiated by U.S. Senator Charles Schumer, is to

make ticketing more transparent and give the public a fair shot at tickets. Schumer's legislation would require ticket resellers to register with the Federal Trade Commission and post their registration number on all brokerage websites in an attempt to prevent fraudulent, anonymous sales. **REUTERS**

Business in brief

MARKETS If Wells Fargo's strong first-quarter preliminary performance is any sign, stocks could rally further this week on

any reassuring news when three other big banks post their quarterly results. **REUTERS**

Ruff to head Team Canada

Buffalo Sabres bench boss Lindy Ruff has been named head coach of the Canadian team for the upcoming IIHF World Hockey Championship in Switzerland. **METRO NEWS SERVICES**

9

Sports

EDITOR: JOHN.CHICK@METRONews.CA



Driver charged with murder

A 22-year-old man was charged with three counts of murder and drunken driving Friday in the crash that killed Los Angeles Angels pitcher Nick Adenhardt and two others. Police allege Andrew Thomas Gallo ran a red light in California's Orange County early Thursday and broadsided a car carrying Adenhardt and three friends. **METRO NEWS SERVICES**



Meghan Duggan of the U.S. celebrates an American goal against Charline Labonte yesterday in Finland.

Americans defend title against Canada

The U.S. won its second consecutive women's world hockey championship with a 4-1 win over Canada yesterday in Finland.

The Americans have won back-to-back titles for the first time after beating Canada 4-3 in last year's final in China.

The Americans are 4-2 versus Canada in their last six games and are 3-0 in finals in their last three international tournaments.

Caitlin Cahow scored a pair of goals and Meghan Duggan also scored for the U.S. Hilary Knight added an empty-net goal.

Winnipeg's Jennifer Botterill replied for Canada.

The Americans scored on their first shift of the game. Jenny Potter found Cahow on the edge of Canada's crease and Cahow backhanded the puck

over goalie Charline Labonte's pad 24 seconds after the opening face-off.

Host Finland won the bronze medal for the ninth time in the tournament's history with a 4-1 win over Sweden earlier in the day.

The sparse women's international hockey calendar traditionally consists of the world championships, the annual Four Nations Cup involving the top four countries and a European Cup.

However, Canada and the U.S. have scheduled six exhibition games against each other next winter. In addition to the Four Nations Cup in Finland, an Olympic test event will be held in Vancouver starting Aug. 31. The Hockey Canada Cup will feature Canada, the U.S., Sweden and Finland.

METRO NEWS SERVICES

Cabrera the Master

Argentina's Angel Cabrera won his second major title with a nerve-jangling playoff victory at the Masters yesterday.

The 2007 U.S. Open champion edged out Americans Kenny Perry and Chad Campbell, clinching the Green Jacket with a par four at the second extra hole.

After hitting his approach to 12 feet, Cabrera calmly two-putted before raising his right arm in celebration.

Perry, 48, bidding to become golf's oldest major champion, had overshot the green with his second stroke and was unable to save par after chipping back 18 feet past the hole.

Campbell, like Perry seeking his first major triumph, dropped out when he bogeyed the first extra hole, the par-four 18th, after hitting his approach into a bunker.

It was the third playoff at Augusta in the last seven years, and the first involv-



Angel Cabrera celebrates his par-saving putt on the first sudden death playoff hole at the Masters yesterday.

ing three men since Larry Mize edged out Seve Ballesteros and Greg Norman in 1987.

Cabrera (71), Perry (71) and Campbell (69) had finished the regulation 72 holes tied on 12-under 276.

Japan's Shingo Katayama birdied two of the last three holes for a 68 to finish fourth on 10 under, a stroke in front of Phil Mick-

elson, who covered the front nine in a record-equalling six-under-par 30 en route to a 67.

World number 1 and four-time winner Tiger Woods had to settle for a share of sixth place at eight under after bogeying the last two holes for a 68. Calgary's Stephen Ames was the top Canadian, tying for 20th at two over. **REUTERS**

Rangers deny Flyers home ice

NHL Sean Avery and Blair Betts scored in the third period to lift the New York Rangers over the Philadelphia Flyers, 4-3, in the season finale for both teams in Philadelphia yesterday. Philadelphia needed just one point to move ahead of the Penguins, but instead will open the post-season on the road at Pittsburgh, which registered one more regular-season victory.

Cavs rout Celtics, now 39-1 at home

NBA LeBron James scored 29 points and had seven assists as the Cleveland Cavaliers dealt the Boston Celtics their worst loss of the season, 107-76. The Cavaliers, who own the NBA's best record at 65-15, also moved one step closer to matching the league's all-time best home record. Cleveland improved to 39-1 at home. **METRO NEWS SERVICES**

For more sports coverage visit: **metronews.ca**



Mac-T likely out; Braidwood's adventure in the boxing ring

If things unfold as I expect they will, it won't take the dominos long to start tipping in the wake of the Edmonton Oilers missing the playoffs for the third consecutive season.

The Oilers put an exclamation mark on their stretch-drive swoon Saturday with a 4-1 loss in Calgary against the Flames, a result that leaves them 11th in the Western Conference with a 38-35-9 record and out of the post-season for the fifth time in the last seven seasons.

Players will meet at Rexall Place today, tell us one more time what went wrong and then scatter for yet another extended summer. Who'll be back is yet to be decided, but expect significant changes.

I wouldn't count on **Craig MacTavish** being back behind the bench. Every indication I've got is MacTavish, despite a vote of confidence from owner **Daryl Katz**, will step aside

CapitalSports

Robin Brownlee

metronews.ca/capitalsports



after failing to get as much as he expected from a team he picked to be Northwest Division contenders.

With **Kevin Lowe** stepping back from day-to-day dealings at the start of the season when he became president of hockey operations, it'll be up to **Steve Tambellini** to orchestrate the changes that are bound to follow.

MacTavish stepping aside will throw the status of assistant coaches **Charlie Huddy**, **Bill Moores** and **Kelly Buchberger** into question.

Likewise, Tambellini will take a long look at his scouting staff, who are overseen by assistant GM

Kevin Prendergast. Again, expect change.

As for player moves, well, that's a whole other column, and I'll take a look at that next weekend after some of the dust settles.

Suffice to say, after taking this season to assess a team and a hockey-operations staff that has been built by Lowe since he became GM in 2000, Tambellini will make his mark.

Bad idea

In the tradition of **Ed (Too Tall) Jones** and **Mark Gastineau**, Eskimos defensive lineman **Adam Braidwood** proved conclusively, again, that just because you're big, strong and a professional athlete doesn't mean you have any business inside a boxing ring.

Braidwood got knocked out 1:07 into his match on the Blunt Force Trauma fight card at the Shaw Conference Centre Thursday by 41-year-old **Lee Mein**, who'll never be mistaken

for anything but a journeyman. Best stick to tormenting quarterbacks. They don't hit back.

Farewell to Frank

Condolences to the family of former Eskimo **Frank Morris**, who passed away Friday.

Morris played with three of Edmonton's Grey Cup teams in 1954, 1955 and 1956, and went on to act as the team's director of player development from 1973-88. Morris was a real gentleman and a friendly face around the press box at Commonwealth Stadium. He'll be missed.

While I'm at it

Rod Phillips, the radio voice of the Oilers for 36 seasons, hasn't yet decided if he'll retire, but he'll take a few weeks to think it over and announce his decision in May.

In a decade covering the Edmonton sports scene, Robin Brownlee has been the news-breaker and insightful voice for sports fans in Oil Country. edmontonletters@metronews.ca

SCOREBOARD

NHL		END REGULAR SEASON
YESTERDAY'S RESULTS		Memphis at Phoenix
Boston 6 N.Y. Islanders 2		Oklahoma City at Portland
Chicago 3 Detroit 0		San Antonio at Golden State
N.Y. Rangers 3 Philadelphia 3		
St. Louis 1 Colorado 0		
SATURDAY'S RESULTS		
Calgary 4 EDMONTON 1		
Pittsburgh 3 Montreal 1		
Toronto 5 Ottawa 2		
Vancouver 1 Colorado 0 (OT)		
Atlanta 6 Tampa Bay 2		
Buffalo 6 Boston 1		
Chicago 4 Detroit 2		
Florida 7 Washington 4		
Los Angeles 4 San Jose 3		
Minnesota 6 Columbus 3		
New Jersey 3 Carolina 2		
Philadelphia 3 N.Y. Islanders 2		
Phoenix 5 Anaheim 4 (SO)		
NBA		
YESTERDAY'S RESULTS		
Toronto 111 Philadelphia 104		
Cleveland 107 Boston 76		
Miami 122 New York 105		
New Orleans 102 Dallas 92		
San Antonio at Sacramento		
Memphis at L.A. Lakers		
MLB		
YESTERDAY'S RESULTS		
Cleveland 8 Toronto 4		
Chicago White Sox 6 Minnesota 1		
Atlanta 8 Washington 5		
Cincinnati 2 Pittsburgh 0		
Florida 2 N.Y. Mets 1		
St. Louis 3 Houston 0		
Philadelphia at Colorado		
San Francisco at San Diego		
L.A. Dodgers at Arizona		
Chicago Cubs at Milwaukee		



Workology

EDITOR: DOUGLAS.DUNLOP@METRONews.CA

Western Canada needs boost

In order to address the large high school drop-out rate and low PSE enrolment in Western Canada, the four western provinces should join forces to set and work towards a higher graduation target for the region, according to a new report from the Canada West Foundation. The problem is particularly dire in Saskatchewan and Manitoba because of their expansive rural areas, states the report.

METRO NEWS SERVICES

Finding diamonds in the poop

Metro explores the world of those who pick up where dogs leave off

Paws and Claws

JON TATTREIE
for Metro Canada

It takes a special kind of person to turn turds into money, but a brave brotherhood of poop scoopers do just that.

To celebrate International Poop Scoopers Week (April 1-7), Metro got the inside scoop from the professionals who pick up where your pet left off.

Alain Gauthier has been tidying up backyards in Toronto for 10 years. A dog-trainer by trade, he was inspired by an ad he saw for the U.S. doody giant Pet Butler.

Reached on his cellphone as he patrolled a customer's yard, Gauthier said the business has tak-

en off.

"Poop Patrol has flourished bigger than my training," he said. "You need to be an outdoors person. (You have to like) the birds, the foxes, the rabbits; the nature around you. If you'd prefer to be in a cubicle, it's definitely not for you."

Gauthier has more than 100 regular clients and three scoopers working for him. Poop Patrol got so successful he no longer had to scoop himself but, after a little break, he returned to the trenches.

"I missed the thinking time. It's a great time to zone out, do the work and think and dream," the philosopher-scooper said. "I also started gaining weight. It's a great way to stay physically active while getting paid."

He gives staff a two-day training course covering the health basics and how to read dogs and work



Last week was International Poop Scoopers Week, Metro talked to a few in the trade and asked them why they do what they do.

with customers.

"Most of my employees are seniors," he says. "Se-

niors are the greatest.

They have a good work ethic, they're not in a

"Poop Patrol has flourished bigger than my training. You need to be an outdoors person. (You have to like) the birds, the foxes, the rabbits; the nature around you. If you'd prefer to be in a cubicle, it's definitely not for you."

Poop Patrol owner Alain Gauthier

rush — they're careful and take pride in their work."

Mic Melanson is also hoping to scoop to conquer. The Halifax man recently opened Scoopy-Poo, an East Coast pet waste removal company. He packed in his job in express delivery to start collecting less pleasant packages.

He had his epiphany when he missed a golf tee time because he got side-tracked cleaning up after his dog.

"It's not that I didn't like doing it, but that I

didn't have time to do it. When I resigned, I had lots of time to do it," he explained.

He's had some doozies: One lady had five dogs in a small run.

"There was six to eight inches of poop on the patio, yard, everywhere. I was there for about three hours," Melanson said. "Other people see poop; I see money."

For more of the Paws and Claws exclusive series check Workology frequently or stop by: metronews.ca/work

Just call her 'The Sleep Doula'

OddJobs

Diane Peters

Metronews.ca/oddjobs

When babies can't fall asleep and wake up constantly in the night, it makes new parents crazy with exhaustion and frustration.

To save their sanity —

and their marriages — some call in sleep doula Tracey Ruiz.

Ruiz, 39, is also a regular doula who attends births and helps parents postpartum. Eleven years ago, however, she'd only been to one birth — her own Caesarian section with her son.

Then, while pregnant with her daughter, a friend needed a lift to the hospital. Ruiz stayed for the entire labour, holding her hand and talking to her. After the birth, which

Ruiz thought was "amazing" the nurse said, "You should be a doula."

"What? You can get paid to do this?" Ruiz thought. But after her second maternity leave, Ruiz went back to her job at FedEx. A few years later, when the company started a program where it offered sabbaticals, she took one and began training through Doulas of North America.

She never went back, but instead began attending births and helping parents with newborns. "It's been a great business to grow as my children have grown," she says.

Ruiz got known for her nighttime post-partum support. Then more and more clients wanted assistance with sleep. So she trademarked the name "The Sleep Doula" four years ago and created a new service.

Today, Ruiz's Birth Solutions employs ten doulas, four of whom also do sleep (it makes up about

The Lowdown

Job title: Sleep doula

Salary: Charges \$225 to \$1,300

Education/training: Courses through Doulas of North America.

Best Part of the Job: "Watching the change in a family from being exhausted, with a lot of marital tension, to seeing an empowered, well-rested family."

Worst Part of the Job: "Hardwood floors. And not being able to put my own kids down to bed at night."

60 per cent of the business).

Some customers sign up for Ruiz's so-called epidural to sleep training: In-home support. For this, Ruiz shows up at the child's bedtime. The parents put the baby down awake and Ruiz stays in the room shushing the baby to sleep.

Whenever the little one wakes up, Ruiz is there — lying in front of the crib wrapped in a comforter — to shush and chat the ba-



Tracey Ruiz has dubbed herself The Sleep Doula.

by back to sleep. On night two, she just shushes. By night three, the parents can do the job.

By the end of the week, parents usually have an excellent sleeper.

With all this night work and her BlackBerry going

off at all hours, Ruiz herself rarely gets eight hours in a row.

"I sleep here and there," she says.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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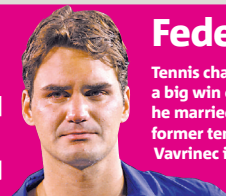
Celeb couple expecting

Sarah Michelle Gellar and Freddie Prinze Jr. are expecting their first child, a source tells People magazine. "They're very excited," the source says of the couple, who have been married for six years. PEOPLE.COM

11

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

**Federer weds**

Tennis champ Roger Federer scored a big win over the weekend when he married longtime girlfriend and former tennis player Miroslava Vavrinec in Switzerland.

METRO WORLD NEWS

Corner Gas runs dry

Canadian sitcom closes shop after six seasons on CTV

IAN JOHNSTON
for Metro Canada

Brent Butt thinks his decision to end Corner Gas was a good one. Well, he's pretty sure, anyway.

"It's something that has kept me awake at night, wondering if I made the right call," says series creator/star Butt, who is pulling the plug on the CTV sitcom tonight after six phenomenally successful seasons.

"Should we end the show? But the answer that always comes back to me is yes, every time."

Still, as decisions go, it was a tough one. Corner Gas wasn't exactly ER,

"If you like Corner Gas, you'll like how we end it. I like how we end it."

Brent Butt

stumbling towards its demise. Corner Gas still averages more than a million Canuck viewers in an era when half that would get you renewed.

As well, it's not like popular Canadian comedies come along every day.

"Early on, CTV said to me it's your call on ending the show," recalls Butt. "And I started getting a feeling a while back — is the time right? I really didn't want the show to re-

peat itself. But it was 107 episodes. It's not like we just got started."

For fans, tonight's finale will be a daylong experience that begins with a cast tribute on Canada AM. Later, a 7:30 p.m. (ET) retrospective special provides a lead-in for the Corner Gas finale at 9:30 p.m..

"It's a crazy day. But in a good way. Hunter S. Thompson said there's a good weird and bad weird. And this is a good weird."

Although he was reluctant to give details on the finale, Butt thinks it will deliver what fans want.

"If you like Corner Gas, you'll like how we end it. I like how we end it."

As for his future, Butt

Pump it up

• The finale of Corner Gas airs tonight on CTV.

has already shot a TV pilot for another series (Hiccups). There's also a feature film in his future.

But one wonders about his future. Does Butt worry about being typecast as that lovable schlub on Corner Gas?

"I don't know. I never thought of myself as an actor. I feel I act the way Bob Hope or Bob Newhart act. Whether the part is a welder, a detective or an astronaut, I'm always the same guy."



Corner Gas averages more than a million viewers, but show creator and star Brent Butt says the time is right to pull the plug.

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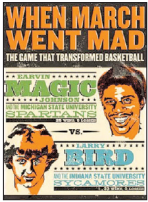
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The game that changed it all

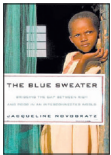
BookPicks



When March Went Mad

Author: Seth Davis
Publisher: Times Books
Price: \$29 (Hardcover)

On March 26, 1979, two college basketball teams came head to head in the NCAA finals in Salt Lake City. Each had slayed their own hurdles to get to the game. And each had a star player that would change basketball — and the relevance of the sport at the college level — forever. Sports Illustrated writer Seth Davis traces the roots of then Michigan State Spartan, Earvin "Magic" Johnson and then Indiana State Sycamore Larry Bird, observing their influence of the game in America. Through archival research and interviews, Davis marks just when and why March turned (and stayed) mad.

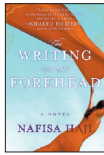


The Blue Sweater

Author: Jacqueline Novogratz
Publisher: Rodale
Price: \$27.95 (Hardcover)

Before Jacqueline Novogratz started the non-profit anti-poverty Acumen Fund, the chance acquisition of a blue sweater shifted her life's focus from the bottom line to battling poverty. Novogratz had her "Eureka!" moment when the gift she'd been given and later donated to Goodwill ended up on the back of a boy she met while travelling in Rwanda. In her memoir *The Blue Sweater*, Novogratz recalls how the occurrence enlightened her to the interconnectedness of the world and encouraged her call to action. Honest and direct, Novogratz explores why conventional charitable means aren't always so effective and offers an alternative.

BRIAN COULTON/FOR METRO CANADA



The Writing on my Forehead

Author: Nafisa Haji
Publisher: HarperCollins
Price: \$22.99 (Paperback)

Nafisa Haji takes readers on an international, intergenerational trip of self-realization in *The Writing on my Forehead*. A California teen of Indo-Pakistani heritage Saira Qader comes to the early conclusion that she doesn't want to follow the constricting traditions of her family, influenced by learning her mother lied to her about the death of her grandfather. Instead, she pursues journalism to travel, learn and report on the ways and wars of others. But a tragedy later in life calls her loyalties into question.

In brief

HEALTH Cancer stricken actress Farrah Fawcett was released from the hospital Thursday, following treatment for bleeding resulting from a medical procedure in Germany, celebrity magazine *People* reported. On Thursday, her physician, Lawrence Piro, told *People* Fawcett had left the hospital and was looking forward to celebrating Easter at home.

MUSIC Axl Rose may have spent 15 years fine-tuning the 14 tracks on Chinese Democracy, but it took only five months for the album to make its way into the Rock Band video-game franchise. Chinese Democracy will be released in its entirety on the Rock Band Music Store April 14.

THE ASSOCIATED PRESS

Kenya'sStyle

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

WIN

A TRIP FOR 2 TO LONDON, ENGLAND TO SEE BOB DYLAN LIVE IN CONCERT!

LONDON'S LEGENDARY THE ROUNDHOUSE APRIL 26TH, 2009

VISIT METRONEWS.CA AND ENTER FOR YOUR CHANCE TO WIN!

Bob Dylan - Together Through Life
Brand new studio album In stores and on line April 28th, 2009.

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age. Contest closes April 17, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

ID	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
413/09	2	CFRN	239 318	Live at talk	Its a Gas	CSI: Miami	Chip Tuck	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	News (N)
	3	KHQ	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Chuck (HDTV) (N)	Comedy Fest	Heroes "1961" (N)	Medium	The Hour
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (HDTV)	Big Bang Th	How I Met	Two/Half Men	Engagement	CSI: Miami (N)
	6	KREM	- 372	News (N)	Hollywood	The Doctors		Chuck (HDTV) (N)	Less-Kind	Surviving Sub.	Castle	My City
	7	KCEM	241 347	Law & Order: SVU		Mantracker		House "Saviors" (N)	News	The Simpsons	King	Metropia
	8	CITV	240 339	ET Canada	Entertainment	Heroes "1961" (N)		Dancing With the Stars (HDTV)			Surviving Sub.	Castle
	11	OMNI	-	Two/Half Men	The Simpsons	News		House "Saviors" (N)	24 (HDTV PA) (N)		News Hour	Metropia
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Soup (N)	How I Met	My Boys	Engagement	News (N)
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Antiques Roadshow (N)	American Experience (N) (DVS)	Tavis Smiley	Charlie Rose (N)	Plastic Surgery
	19	CHTV	-	The Insider (N)	El News	Tori Spelling Hollywood Story	'Allo, 'Allo!	Being Served				
	22	KSPS	- 374	NewsHour With Jim Lehrer		Stevens Europe		CBC News: The National	CBC News: The National			
	24	WTVS	- 364	American Experience (N) (DVS)		Appalachia: History		EarthWatch Two				
	15	CBON	502	CBC News: The National	Added to Plastic							
	21	TWN	505 398	(5) EarthWatch One	EarthWatch One							
	27	CNN	500 500	Larry King Live (N)	Anderson Cooper 360 (HDTV)							
	54	CTVN	501 391	CTV Newsnet	News	CTV Newsnet						
	70	BNN	504 508	Squeeze Play	Market Call							
	20	TSN	400 400	Basketball	SportsCentre							
	23	net	408 418	(6) MLB Baseball	Toronto Blue Jays at Minnesota Twins.	That's Hockey						
	47	SPEED	417 406	SuperCars	SuperCars	Barrett-Jackson						
	94	SCORE	410 403	(7-15) WWE Monday Night Raw								
	9	EDACC	267 351	Alberta Primetime (Live)	Castle (HDTV) (N)							
	14	YTV	552 543	Drake & Josh	iCarly	Karaoke Star Junior (N)						
	17	TREE	553 546	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small					
	42	TOON	555 545	Ben 10	Johnny Test	Totally Spies	Total Drama					
	45	FAM	557 541	Sonny Chance	Sonny Chance	Sonny Chance	Camp Rock (2008, Musical Comedy)					
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Bloopers TVA	Star académie (HDTV) (Season Finale) (N)					
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith					
	25	A&E	615 520	Intervention "Tom"		Paranormal	Paranormal State (HDTV)					
	26	MMM	571 581	Don't Forget the Lyrics!		Entourage	Gene Simmons					
	29	FOOD	603 561	Food Detective	Get on Plate	Hell's Kitchen						
	31	SHOW	617 522	Wife Swap (HDTV)		The Outer Limits						
	32	DISC	520 505	Dirty Jobs		The Detonators (N)						
	33	SLICE	601 562	Wedding SOS	Wedding SOS	Project Runway Canada						
	34	W	602 567	Love It or List It		Love It or List It						
	35	TLC	521 560	Table for 12	Jon & Kate	Jon & Kate Plus 8						
	36	BRAVO	620 523	Strictly Bolshoi	Moscow's Bolshoi Ballet.		Broadway					
	38	SPIKE	628 584	(6) Ultimate Fighting Championship 70: Nations Collide								
	40	HIST	522 506	The Last Dawn		NCIS "Bury Your Dead"						
	41	COM	626 547	Laughs	Comedy Now	Air Force	Just for Laughs					
	43	SPACE	627 528	Lost "... And Found"		Sarah Connor Chronicles						
	44	WPCH	294 560	Spider-Man *** (2002, Action)	Tobey Maguire, Willem Dafoe.							
	46	OLN	411 457	Mantracker		Bounty Hunter	Bounty Hunter					
	48	TROP	619 525	What Happen?	What Happen?	Vanity Insanity	Reality					
	50	STAR	621 527	Paris Hilton's British Friend		The Tonight Show-Jay Leno						
	52	HGTV	600 564	Property Virgin	My First Place	House Hunters	House Hunters					
	65	TLN	700 800	Carabinieri		Raymond	Raymond					
	92	APTN	269 350	MTV	The Mix	Miyayawin	Dancing-Spirit					
	93	VISION	261 394	McLeod's Daughters		Twist of Faith	Bhangra					
	100	MTV	581 566	The Hills	The Hills	After Show						
	101	MM	570 580	Shot at Love-Tila Tequila		MuchNews	Video on Trial					
	102	CPAC	512 596	The Rideau Canal		Air We Breathe	Tete a Tete					
	103	VIVA	526 507	Commander In Chief		Dollars-Sense	Lie Detective					
	106	RDI	126 730	Le Téléjournal	24 Heures	RDI en direct	Marie-Claude					
	161	SUPER		Party Down	Head Case	Trust Me "Norming"						

critics' corner

Corner Gas

Who'd have thought that a little sitcom set in a tiny Saskatchewan town would become a hit on both sides of the border? Alas, the adventures of Brent and his friends and relations in *Dog River* are coming to an end. Tara Spencer-Nairn, Fred Ewanuick, Nancy Robertson, Eric Peterson, Gabrielle Miller, Lorne Cardinal and Janet Wright also star in the series finale. 10:31 PM on CFRN; 10:32 PM on EDACCESS



Heroes

Encouraged by Nathan, Peter, Claire and H.R.G., Angela reveals secrets that have haunted her for years. Mohinder learns that his father was involved in a long-forgotten government operation in the new episode "1961." 8 PM on CITV; 10 PM on KHQ

The Big Bang Theory

When a fellow comic book fan starts romancing Penny, Wolowitz and Leonard decide to check out the brave new world of *Ladies' Night* at a local bar. Kevin Sussman guest stars in the new episode "The Hofstadter Isotope." 9 PM on CFRN KREM



Parks and Recreation's Chris Pratt, who got engaged to actress Anna Faris late last year, knew she was The One immediately. "I knew I wanted to marry her pretty soon (after I met her.)" he told People magazine. **METRO NEWS SERVICES**

Celebrity Buzz

Angie rages over Brad's co-star?

PEOPLE Angelina Jolie is jealous of Natalie Portman, femalefirst.co.uk reports. The Changeling star reportedly flew into a rage with partner Brad Pitt after learning the Closer actress had personally asked for him to play her older lover in a new movie.

"Angelina had a massive fit and was shouting her head off. She accused Brad of flirting with Natalie," the website reports a source as saying.



"Angelina can't help but feel threatened. Brad knows how jealous she gets but won't stop saying how gorgeous and intelligent Natalie is. He keeps saying she is 'cute as a button.'"

The website adds that Jolie is particularly worried because she and Pitt started their relationship after meeting on the set of Mr. and Mrs. Smith in 2005 while he was still married to Jennifer Aniston, and she fears a case of history repeating itself.

The source added: "An-

gelina worries about karma. It's eating her up and we're sure the cause of a lot of the rows is her not quite trusting Brad."

The couple has been dogged by rumours their relationship is in trouble in recent weeks. It was recently reported Pitt had pleaded with his girlfriend to attend couples' counselling in a bid to save their relationship.

Jolie is said to have agreed, but only after seeking the advice of her ex-husband Billy Bob Thornton.

METRO NEWS SERVICES

Lindsay in breakup downward spiral?

RELATIONSHIPS With her relationship with Samantha Ronson over and her personal life in freefall, Lindsay Lohan needs all the friends she can get. Unfortunately, they're all talking to the press instead.

"Lindsay needs to get psychiatric help. Her friends are really sad for her, but she's out of control, and now she's all alone," a source tells bangshowbiz.com.

Lohan, meanwhile, celebrated the Easter holiday by hurling eggs at photographers

that wouldn't leave her alone outside her Hollywood Hills home, according to Contact Music.

METRO WORLD NEWS



Woody, airport zombie hunter?

PEOPLE Woody Harrelson had a recent clash with a photographer in New York, but he's got a simple explanation: Harrelson thought he was being attacked by a zombie.

"I wrapped a movie called Zombieland, in which I was constantly under assault by zombies, then flew to New York, still very much in character," the actor said in a statement, according to People magazine. "With my daughter at the airport, I was startled by a paparazzo, who I quite understandably mistook for a zombie."

METRO WORLD NEWS



The Boss no homewrecker

RUMOUR Ann Kelly, the New Jersey woman accused by her husband of having an affair with Bruce Springsteen, says there is no truth to the claim.

"My client absolutely denies having an affair with Bruce Springsteen," Noel Tonneman, Kelly's lawyer, says, according to Hollyscoop. "These are baseless allegations of a jealous man. And that's all there is to it."

Tonneman says Kelly, who filed a domestic violence complaint against her husband on March 3, "Cannot return to her home because of the news media."

METRO WORLD NEWS



Zac afraid of parenthood

PEOPLE Zac Efron is "frightened" of having children, femalefirst.co.uk reports. The 17 Again actor — who is dating his High School Musical co-star Vanessa Hudgens — admits he is not ready to start a family because he is too selfish.

"The very idea of kids is frightening to me. Maybe it's overexposure at a young age to a lot of kids. Right now I think I'm honestly, deep down, too selfish of a person. So I don't have that longing yet but I think eventually maybe it will come," he said.

"I guess you take the

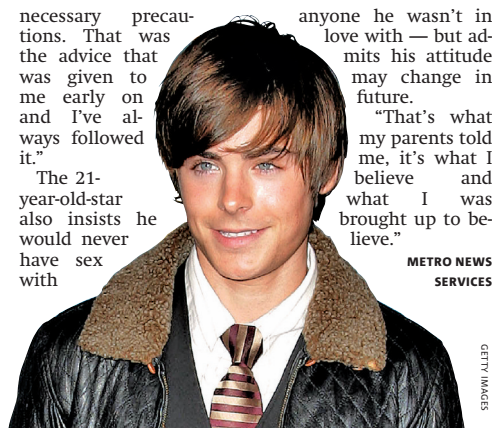
necessary precautions. That was the advice that was given to me early on and I've always followed it."

The 21-year-old star also insists he would never have sex with

anyone he wasn't in love with — but admits his attitude may change in future.

"That's what my parents told me, it's what I believe and what I was brought up to believe."

METRO NEWS SERVICES



GETTY IMAGES

Ryan's brutal new role

COMICS Ryan Reynolds — who plays assassin Deadpool in the upcoming X-Men Origins: Wolverine — only agreed to star in the film because it is so bloody, femalefirst.co.uk reports.

He said: "You're not going to see Kill Bill-style blood geysering up from severed heads! But I think you're going to see a kind of violence that's a little more brutal, rugged and ugly. Which is one of the things I liked about it."

Reynolds

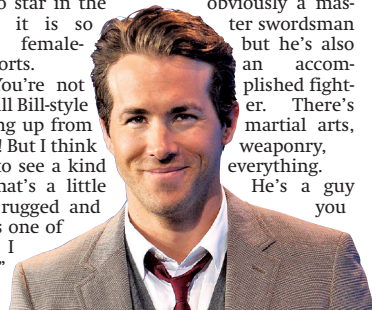
did all his own stunts in the movie, he says. "I trained for months to master the sword work, so he's obviously a master swordsman but he's also an accomplished fighter. There's martial arts, weaponry, everything. He's a guy you

don't want to mess with.

"This character is like a surgeon. I've got to be so good with these swords that I put people's jaws on the floor."

Reynolds, a huge fan of the comic his character is based upon, told Total Film magazine: "When I was younger, I found one that I was actually mentioned in. Deadpool said that he looks a lot like a Shar-Pei crossed with Ryan Reynolds. I thought that was just the coolest thing that had ever happened."

METRO NEWS SERVICES



Scarlett explains weight loss

PEOPLE Scarlett Johansson has laughed off reports she is on a crash-diet to keep up with slimmer Hollywood stars, femalefirst.co.uk reports.

Johansson stunned fans in recent months after showing off a more streamlined figure.

Her weight loss prompted tabloid speculation the 24-year-old had embarked upon a strict diet and fitness regime after fearing she would lose out on acting

roles to thinner stars.

But Johansson is adamant her new figure is the result of shaping up in preparation for her role as Black Widow in the forthcoming Iron Man sequel.

METRO NEWS SERVICES



Oprah tangled in scam?

INVESTIGATION Oprah Winfrey has called in the Federal Bureau of Investigation to look into a \$1-million US scam allegedly sponsored by her talk show, femalefirst.co.uk reports.

Winfrey's camp was alerted to the issue by fans complaining about an email they had re-

ceived, claiming they had been electronically selected to compete in an Oprah Millionaire Contest Show. Con artists prompted recipients to fill out a questionnaire and send money for travel arrangements and tickets to the show.

Officials from The Oprah Winfrey Show reported the scam to the FBI's Internet Crime Complaint Center, and both offices have posted a warning to consumers on their websites, reports the New York Post.

METRO NEWS SERVICES



John and Demi, BFFs

TWITTER John Mayer has moved on to a different girl: Demi Lovato, us-magazine.com reports. No, they're not dating: They've become BFFs via Twitter.

The 16-year-old initiated things by saying "hi." Mayer, 31, replied last week by telling her that her tune La La Land is

"sophisticated."

"You're going to make lots of records, I can tell," he wrote. "Write one song at a time, never apologize for any of them, ever. From Wonderland to Trio stuff, they're all my kids."

Amazed, she replied, "Holy crap. Thank you. You're so awesome. That is quite possibly the best compliment I've received in this business."

... If that's not inspiration, then I don't know what is! You're incredible."

METRO NEWS SERVICES



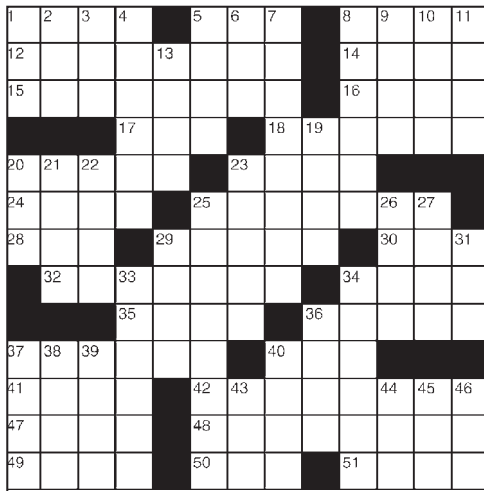


Wednesday
Clouds
5°C / -4°C



Michele McDougall, Weather Specialist & Host – Breakfast Television
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**

Take Five



Crossword across

- 1 Hawaiian island
- 5 Bro or sis
- 8 Eatery
- 12 Baldness
- 14 Operatic solo
- 15 Emergency care
- 16 Dissolve
- 17 Smithfield product
- 18 Shimmers
- 20 Burnett or Channing
- 23 Cherished
- 24 One
- 25 Ariel is one
- 28 Dowel
- 29 Star
- 30 Police officer
- 32 Ambushed
- 34 Kathie Lee's "Today" co-host
- 35 Congers
- 36 Church council
- 37 Marital felony
- 40 Cry loudly
- 41 Hebrew month
- 42 "The Fly" tagline, in part
- 47 Booth payment
- 48 Without equitability
- 49 Dispatch
- 50 "Gosh!"
- 51 Take out of the text

Crossword down

- 1 LummoX
- 2 Boxing legend
- 3 Perp. to vert.
- 4 Result
- 5 Con game
- 6 XV divided by V
- 7 Harassed
- 8 Photog's need
- 9 Neighborhood
- 10 Photog's need
- 11 Chows down
- 13 List-ending abbr.
- 19 Gentle as a —
- 20 Half pint
- 21 From the beginning
- 22 Latvia's capital
- 23 Sandwich shops
- 25 Fruit tree pest
- 26 PC picture
- 27 Extinct bird
- 29 Skelton's
- 30 Kadiddlehopper
- 31 Cushion
- 33 Annual
- 34 Cross
- 36 Couch
- 37 Crazy
- 38 "American —"
- 39 Big bash
- 40 Secure
- 43 Compass dir.
- 44 Exist
- 45 Under the weather
- 46 Coloring agent

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	6	1	9	3	4	7	5	2
9	2	4	5	8	7	1	3	6
5	3	7	1	6	2	4	9	8
6	1	5	4	7	3	2	8	9
7	4	3	2	9	8	6	1	5
2	8	9	6	5	1	3	7	4
1	9	8	7	4	6	5	2	3
4	5	2	3	1	9	8	6	7
3	7	6	8	2	5	9	4	1

Find today's answers + play more games at metronews.ca

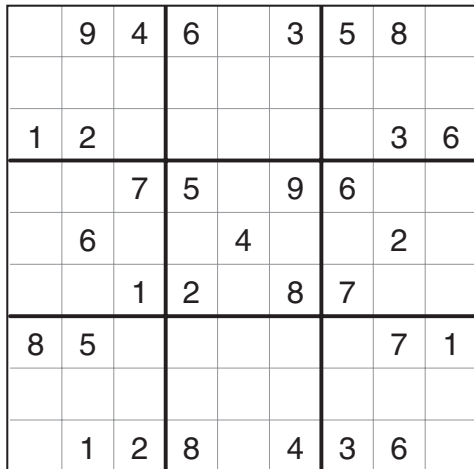
SUDOKU SOLVE TIME:

- Under 13 minGenius
- 13-17 minScholar
- 17-21 minSmart
- 21-25 minNot bad
- 25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day

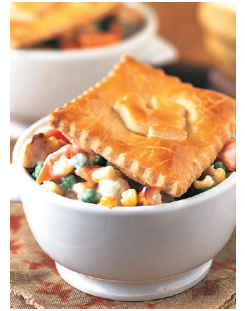
One-Crust Chicken Pot Pies

INGREDIENTS:

- 1 1/2 lbs (750 g) boneless, skinless chicken breasts
- 1/2 tsp (2 ml) salt
- 1 refrigerated piecrust
- 1 egg white, lightly beaten with 1 tsp (5 ml) water
- 2 medium carrots, peeled and thinly sliced
- 1 cup (250 ml) frozen corn kernels
- 1 cup (250 ml) frozen green peas
- 1 cup (250 ml) frozen small white onions
- 1 cup (250 ml) table cream
- 6 tbsp (90 ml) all-purpose flour
- 1 tbsp (15 ml) margarine
- 1/4 tsp (1 ml) black pepper

METHOD:

1. Bring chicken breasts, 1/4 tsp (1 ml) salt, and enough water to cover to a simmer in large pot over medium-high heat. Reduce heat to low; gently poach chicken until juices run clear, 15 minutes. Transfer chicken to cutting board; cool and cut into bite-size pieces. Reserve 2 cups (500 ml) poaching liquid.
2. Preheat oven to 425°F (220°C). Lightly coat baking sheet and six 1-cup (250-ml) ovenproof dishes with non-stick cooking spray.
3. Dust work surface with flour. Unfold pie crust on surface and roll out. Cut 6 squares to fit on top of pies.
4. Make 6 decorations and attach 1 cutout to each pastry square with egg white. Brush tops of decorated pastries with



egg white. Transfer to baking sheet and bake until golden brown, 12 minutes. Transfer to wire rack to cool.

5. Meanwhile, cook carrots in boiling water until tender, 5 minutes; drain. Rinse frozen vegetables with hot water; drain. Whisk cream and flour in small bowl. Melt margarine in medium pot over medium heat. Whisk in cream mixture, then reserved poaching liquid. Cook until sauce thickens and boils, 5 minutes. Stir in chicken, carrots, corn, peas, onions, black pepper and remaining salt. Cook until heated through, about 3 minutes; divide among dishes and bake until bubbling, 15 minutes. Top with pastry squares.

SERVES 4



Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20
People seem to be suffocating others with fear. A nice guy is too exhausted to call. Therapy becomes necessary for a teen's problem.



TAURUS

APRIL 21-MAY 21
A situation changes when someone refuses. A worker misses the point when you explain the rules. Don't give in to senseless demands.



LIBRA

SEPT 23-OCT 23
Useless reminders won't bear fruit. Someone's efforts to help out are met with distrust. You'll fix a problem that occurred many miles away.



SCORPIO

OCT 24-NOV 22
A dictator isn't ready to give up. A quick talker expands your career potential. False accusations get under your skin.



GEMINI

MAY 22-JUNE 21
An embarrassing question is too stupid to ask. Persuade other people that miracles will occur. You won't be held back by anything.



SAGITTARIUS

NOV 23-DEC 21
A refusal to help out is punished. A professional brings good luck with legal affairs. Don't be afraid to try something new.



CANCER

JUNE 22-JULY 22
You'll have a great chance to be clear-sighted. A discussion is balanced by distant people. Education choices will reverberate for years.



CAPRICORN

DEC 22-JAN 20
Pick up the pieces of a broken promise. Unexpected visitors are coming. Expect good luck with a frivolous romantic.



LEO

JULY 23-AUG 23
A cut-throat businessman has a profitable day. Something you saw affects your mood all day. You'll get support during a draining time.



AQUARIUS

JAN 21-FEB 18
You'll have some free time. Changes will make you gasp with joy. A remarkable friend influences a lonely walker.



VIRGO

AUG 24-SEPT 22
Feign enthusiasm until you really feel it. A brave approach to bullying won't work. Much attention is focused on a conflict.



PISCES

FEB 19-MARCH 20
Typical oddball behaviour is forbidden. Don't ruin your reputation by being hypocritical. Someone demands to know that you're concerned.



TELL METRO READERS WHAT YOU THINK

NEW "COMMENT & VIEWS"

Whether you agree or disagree about anything you've read in Metro, we want to know. Send us your views and pick up Metro daily to find out what other Metro readers are saying.

Email your letters to edmontonletters@metronews.ca



This day in history

- APRIL 13, 1111: Henry V is crowned Holy Roman Emperor.
- APRIL 13, 1796: The first elephant ever seen in the United States arrives from India.
- APRIL 13, 1829: The British Parliament grants freedom of religion to Roman Catholics.
- APRIL 13, 1849: Hungary becomes a republic.
- APRIL 13, 1870: Metropolitan Museum of Art founded.
- APRIL 13, 1902: James C. Penney opens his first store in Kemmerer, Wyoming.
- APRIL 13, 1997: Tiger Woods becomes the youngest golfer to win golf's Masters Tournament.

METRO NEWS SERVICES

WORDY GURDY®

BY TRICKY RICKY KAMP

Every answer is a rhyming pair of words (like FAT CAT and DOUBT-TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Army insects do a congo (1)
2. Erie or Huron serpent (1)
3. "Idol" host Seacrest, meet Couch Billic (2)
4. Gently prod a Supreme Court member (1)
5. President Eisenhower's beacons (1)
6. Rating order registration (2)
7. Merging protecting for posterity (3)

ANSWERS: 1. ARMCHAIR & LAKE SNARE 2. BRYAN BILLY & NUDGE JUDGE 3. DOWNSIDE & FORTNIGHT 4. FORTNIGHT & FORTNIGHT 5. FORTNIGHT & FORTNIGHT 6. FORTNIGHT & FORTNIGHT 7. FORTNIGHT & FORTNIGHT

McChicken[®] \$2^{each} plus tax

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